



## Cumberland County Schools

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October 2, 2017

### **School Health Advisory Council**

#### **Meeting Minutes September 29, 2017**

##### **Opening:**

The School Health Advisory Council (SHAC) meeting was called to order at 12:15p.m. on September 29, 2017 at the Educational Resource Center (ERC) Room 3 by Shirley Johnson.

##### **Present:**

Orlando Hines, Eric Vitale, Deanna Jones, Amy Navejas, Pamela Story, Iris Pierce, Karen Mantzouris, Lisa Jayne, Pam James, Randi Nunez, Kennon Jackson, Ronda Britt, Holly Lawing, Nosa Obonor, Tamara Woods, Howard Lattimore, Phyllis McLymore, Bernard James, Margie Maddox, Jessie Gardner, Janet Colvin, Cassandra Stroud-Malloy, Shirley Johnson, and Angela Hurley.

**Welcome:** Shirley Johnson opened the meeting by greeting everyone and thanking them for coming to our first SHAC meeting for the 2017-2018 school year.

#### **A. Community Updates**

**Better Health-** Amy Navejas informed the members about upcoming events sponsored by Better Health. She encouraged everyone to attend the Diabetes Symposium on Nov. 4<sup>th</sup> from 9:00 am to 3:00 pm. The event will be held at the Department of Social Services located at 1225 Ramsey Street in Fayetteville. Please register at [BetterHealthCC.org](http://BetterHealthCC.org). The event is free and open to the public. Better Health is also sponsoring the Red Apple Run for diabetes. This event will take place Nov. 18<sup>th</sup> starting at Medical Arts Center. Please register at [its-go-time.com](http://its-go-time.com) or [BetterHealthCC.org](http://BetterHealthCC.org). Better Health is having an Honor Card design contest. Shirley Johnson suggested they contact Cumberland County Schools Lydia Stewart, Supervisor of Arts Education to spread the word to the arts teachers. An electronic copy of the events will be provided and posted on the Healthful Living Edmodo page. Ms. Navejas let the council know there are emergency health care funds available for adults and children.

**Southern Regional Area Health Education Center (SR-AHEC)** - Karen Mantzouris invited all SHAC members to attend the grand opening of the new SR-AHEC building

on Dec. 3<sup>rd</sup> from 2:00 pm to 4:00 pm. The new building is located at 1601 Owen Drive in Fayetteville. Call 910-678-7230 or email [Debra.Page@sr-ahec.org](mailto:Debra.Page@sr-ahec.org) to RSVP.

Eric Vitale invited all members to attend the East Coast River Relay on Oct. 5<sup>th</sup> from 5:00 pm to 7:00 pm. This event includes a bike ride and brewery social. The event will begin at the Cape Fear River Trail Trailhead at J. Bayard Clark Park and Nature Center. For more information contact Kathryn Zeringue at [kathryn@greenway.org](mailto:kathryn@greenway.org) or [greenway.org](http://greenway.org).

#### **B. Teen Pregnancy**

Shirley Johnson opened the discussion of Teen Pregnancy requesting that all information discussed be kept confidential among SHAC members in attendance. She reminded everyone of the strides we have made by being the first district to teach Comprehensive Sex Education using condoms in 9<sup>th</sup> grade. She expressed the concern of a particular attendance area being uncomfortable with the new Get Real curriculum. Materials that were not approved were printed and distributed to teachers during professional development. Ms. Johnson stated that Health Services staff should have screened the curriculum with great detail upon receipt from ShiftNC to ensure all modifications had been made. Ms. Johnson owned the oversight and steps are being made to rectify the situation. Ms. Johnson also offered to provide a parent night to review and educate the particulars of the curriculum. She also provided the council with the 2015-2016 stats on teen pregnancy. The statistics showed a decrease in the number of teen pregnancies in some attendance areas while others are still alarming. A meeting will be scheduled with the PE teachers in the district that has raised concerns. She has also offered to host a parent night to address parent/community concerns.

#### **C. Red Ribbon**

Lisa Jayne spoke about EKG Ceasefire and the creation of a website for high school students regarding gangs, bullying and dating. The website provides a decision tree that takes students through a series of different scenarios. Suggested outcomes and solutions are provided at the end of the scenarios. The crime rate among school age people have decreased by 3%. It was suggested to provide the decision tree on the CCS website for student access.

#### **D. Alternative to Suspension/Drug Prevention**

Shirley Johnson introduced a potential program where students can attend evening classes instead of attending alternative high schools for drug infractions. The program will go for 6 weeks on Tuesday and Thursday evenings. With successful completion the students can return to their high school. The approval to attend this program will be decided by the Associate Superintendent of Social Services. SHAC generated a list of possible curricular and session focus topics.

#### **E. Closure**

Shirley Johnson thanked everyone for attending.