



Join us for International Walk to School Day!




Join schools and communities across North Carolina and the U.S.A. to celebrate Walk to School Day on:

Wednesday, October 4, 2017




Remember: Events can take place anytime in October! You are not limited to October 4.

Walk to School Day is For Every School




Event Tips: (see reverse for a helpful event planning worksheet)

-  Involve the entire school in the celebration, including students with disabilities.
-  Personalize the event for your school community. Make it fun and invite guests!
-  Check out the North Carolina [Event Planning Guide](#) on our website for more ideas.

If walking to school seems challenging, here are some ideas to help you plan:

-  Conduct a [walkability](#) assessment around your school.
-  Organize a walking school bus, or park & walk from a local park, church, or business.
-  Ask the police department to participate in your event and help with crossings.

If there are no safe routes to walk to your school, consider these alternatives:



-  Organize a walk AT school event and include the whole school.
-  Teach walking safety with special guests, class activities, and games.
-  Organize step tracking competitions and [Walk Across North Carolina](#).

Prizes

To be eligible for statewide and local giveaways, schools must register their event at www.walkbiketoschool.org. For local prizes, contact your Active Routes to School coordinator.

Don't Forget Safety Education!

It's important to teach students and parents how to be safe walkers before the event.

-  [Let's Go NC!](#) Child Pedestrian and Bicycle Safety Curriculum for grades K-5
-  [Pedestrian Safer Journey](#) videos and discussion guides available for all ages

Your regional Active Routes to School coordinator can help you plan your event! Visit www.communityclinicalconnections.com/activeroutes to find contact information.





Planning Worksheet

Event Date _____ Organizer (Name) _____

Event Name _____

WHERE will students walk and/or bike?

(from their homes; park and walk from a nearby location like a park or community center; walk AT school)

WHEN will students walk and/or bike?

(first thing in the morning, throughout the day at specific times, going home in the afternoon, etc.)

HOW will you incorporate bicycle and pedestrian safety education?

(school assemblies, ask teachers to incorporate into classes, law enforcement speaker, phys ed activity, etc.)

HOW will you motivate students and make it fun?

(invite guests or mascots, have giveaways and raffles, organize competitions, add music, have a theme, etc.)

HOW will you communicate about the event?

([school flyers, signs, or banners](#); morning announcements; social media or school apps; bulletin boards, etc.)

Register your event at walkbiketoschool.org so your school is eligible for statewide and local contests!

